

实验性痹证有较好的疗效。

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灯心草点治法治疗胃肠型感冒 150 例

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胃肠型感冒是季节多发病, 我院自1983~1987年用灯心草点治法治疗本病150例, 均收到满意的效果, 现介绍如下。

一、临床资料

本组150例, 男85例, 女65例, 最小10岁, 最大60岁。发病天数1天37例, 2~4天113例。临床症状以发热、恶心、呕吐、腹泻为主。

二、治疗方法

选胸背反应点, 其形如丘疹样, 稍突出于皮肤表面, 多为暗红、浅红、灰暗色, 压之不退色。常规消毒后, 用针柄压丘疹上, 使之凹陷, 并将灯心草浸油(香油成豆油)点燃, 迅速点血脉上随即离开, 点处有粟米状伤痕。治疗期间嘱患者不要洗浴, 注意清洁, 以防感染。

三、治疗结果

症状体征完全消失评为治愈者147例, 治疗后症状体征无明显改变评为无效者3例。治愈者中, 经治疗1次治愈135例, 两次者12例。

四、典型病例

王××, 男, 57岁, 1987年9月5日初诊。

患者于当晚8时出现发热、恶心、呕吐、四肢痠疼, 舌苔黄腻, 脉滑数, 体温: 38.1℃。诊断为胃肠型感冒。用灯心草点治法治疗1次, 症状体征全部消失而告痊愈。

五、体会

本法通过对体表血疗反应点的点刺刺激, 达到调整机体气血, 提高抗病力, 因此而驱邪外达, 从而起到治疗作用。