

数据均已正常,甲状腺肿大消除,身体无不适,心情较愉快,生活工作正常。

按:余老师认为,甲状腺疾病引起的心悸、心神不宁、烦躁易怒多与中医肝经失调相关,系因母病及子,木火扰心,故治疗此类病证多从调肝入手。结合该患者具体病情,佐以降火、化痰、通络,对于颈部瘰结又佐以僵蚕、浙贝母、穿山甲、夏枯草、玄参、牡蛎等药软坚散结,诸法合用有利

于肝气的疏泄及脏腑气血的条达,诸郁解而病证痊。

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Eight Methods for Regulating Liver by YU Ying'ao

LI Hongtao¹, LI Jinghua¹, YU Qi¹, ZHANG Wei², LI Zhe³

(1. Chinese Medicine Information Institute China Academy of Chinese Medical Sciences, Beijing, 100700; 2. Herb Institute China Academy of Chinese Medical Sciences; 3. Chinese Medicine Development and Research Centre China Academy of Chinese Medical Sciences)

ABSTRACT Professor YU Ying'ao emphasizes regulating liver clinically and takes it as a general principle in treating diseases. As for specific application, the principle could be divided into 8 aspects, including dispersing liver, calming liver, clearing liver, moderating liver, harmonizing liver, protecting liver, softening liver and tranquilizing liver. Meanwhile, Prof. YU emphasizes paying attention to the generation-restriction relationship among Zang-fu viscera clinically. When regulating the disorder of Zang-fu viscera, it is needed that regulating liver or regulating other Zang viscera to help regulating liver, specifically including invigorating spleen-stomach with regulating liver, regulating liver with nourishing kidney water, calming heart-mind with regulating liver, clearing lung heat with regulating liver. The 8 methods of regulating liver or combining with other therapeutic methods could be used in treating acute and chronic liver disease, hypertension, chronic kidney disease, emotion disease, menstruation disease, thyroid disease, prostatitis, etc.

Keywords regulating liver; Zang-fu viscera relation; experience of famous doctor; YU Ying'ao

(收稿日期: 2016-10-24; 修回日期: 2017-02-06)

编辑: 崔京艳

第五届全国中医疑难病学术研讨会暨不孕不育论坛通知

为了加强中医药治疗疑难病及不孕不育症的学术交流和研究,由中国民间中医药研究开发协会特色医疗分会和北京聚医杰医药科学研究院联合主办本次会议,定于2017年7月21日报到,会议拟在辽宁省沈阳市召开,特征稿如下。

一、征稿范围: 中医药治疗肝病、肾病、糖尿病、脾胃病、心脑血管病、肿瘤、风湿骨病、不孕不育及各种疑难杂病方面的特色医疗经验或民间疗法。稿件需打印,限2000字左右,附200字以内作者简介,请寄会务组或发 Email: 100036-98@163.com。

二、有关说明: 1. 本次会议将评选“全国中医药防治疑难病研究优秀论文奖”、“学术成果奖”,凡近3年内已发表或未发表的论文均可参评; 2. 凡参会代表符合条件者可申请聘任“中医疑难病研究特约研究员”(发聘书、匾牌); 3. 具有副高以上职称或热心中医治疗疑难病研究有特长者,可申请加入“中医疑难病研究专家委员会”(发聘书、匾牌); 4. 特别优秀的参会交流论文会后推荐入编《中华中医药特色医疗优秀文集》(拟由出版社出版); 5. 会后拟组织部分代表到相关地区考察学习。

三、会议费用: 参会报名费300元、会务及培训费资料费1500元,会期食宿及会后考察费用统一安排,费用自理。

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