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Thinking about Chinese Medicine Marching toward the Precision Times

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ABSTRACT The "precision medicine" is a common goal that human medicine is pursuing and also the future development direction of Chinese medicine. Chinese medical syndrome differentiation and treatment and the whole view are the advantage of Chinese medicine. But the overemphasized syndrome differentiation and treatment may lead to treatment lack of target. Putting forward the development direction of Chinese medical precision is an exploration about the group rules based on the individual syndrome differentiation. The main contents include that improving the precision of disease differentiation treatment based on modern diagnostic methods, improving the precision of treatment aiming at the clinical index and symptoms, and the precision use about the dosage of prescription based on the research of the relationship with dosage and effect of prescription. The future development strategies of Chinese medical precision is the complementation of advantage and weakness of Chinese medicine, and may realize the combination of indistinction and precision, entirety and part, and microscopy and macroscopy.

Keywords Chinese medical precision; combination with condition and target; precise dosage; research strategies

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