

不适,为防止气阴两虚之证郁久化热,故加用龙葵清热活血、散瘀解毒。五诊时舌苔脉象显示中焦脾胃有积,故加用山楂消食健胃、行气散瘀。左关脉偏弦,加用香附疏肝理气,同时叮嘱患者需注意饮食和情志的调节,“勿使过之,伤其正也”。六诊后患者病情平稳,治疗以益气养阴为主,佐以健脾理气,酌情加减。患者坚持服药,未见复发。本案气阴共补,顾护脾胃,以平为期,佐以疏肝理气、解毒散瘀之品,共奏“养正积自消”之功效。

Experience of WU Liangcun in Treating Ovarian Cancer

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ABSTRACT The authors summarize WU Liangcun's experience in treating ovarian cancer. WU thinks the fundamental pathogenesis of ovarian cancer is the accumulation of patho-production such as coldness, dampness, toxin, phlegm and stasis due to healthy Qi deficiency and weakness, resulting in Qi-blood-Yin-Yang deficiency. In clinic, WU values boosting Qi and nourishing Yin, protecting spleen and stomach, regulating emotion and Qi movement. WU divides the syndromes of ovarian cancer into 4 types, including Qi and blood deficiency, liver and kidney insufficiency, Qi and Yin deficiency as well as Qi stagnation and blood stasis. For Qi and blood deficiency, he uses modifications of Bazhen Tang (八珍汤); for liver and kidney insufficiency, Liuwei Dihuang Tang (六味地黄汤); for Qi and Yin deficiency, Shanshen Maidong Tang (沙参麦冬汤); and for Qi stagnation and blood stasis, Chaihu Shugan San (柴胡舒肝散). But WU also warns that we could not stick to the syndromes, because individual treatment is important.

Keywords ovarian cancer; Zheng and Jia (瘕瘕); boosting Qi and nourishing Yin; experience of famous doctor; WU Liangcun

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由中华中医药学会主办,广东省中医院、《世界中西医结合杂志》社承办,中华中医药学会继续教育与科学普及部协办的全国第二届百名杰出青年中医学术成果论坛暨全国青年中医科技工作者成果论坛将于2017年06月16—18日在广东迎宾馆(广州市解放北路603号)举行。会议主要内容为百名杰出青年中医及青年中医科技工作者学术成果发布及成果交流。

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