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Clinical Observation on Sanqi Jiaotai Pills Combined with Lotensin for 30 Cases of Diabetic Nephropathy

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ABSTRACT Objective To observe the efficacy of *Sanqi Jiaotai Pills* combined with Lotensin for diabetic nephropathy (DN). **Methods** Sixty cases of DN were randomized into the treatment group and control group, with 30 in each. Both groups were given conventional control of blood glucose, oral administration of 10 mg of Lotensin once daily and control of blood pressure. The treatment group was added with *Sanqi Jiaotai Pills* one dose daily. One treatment course lasted for 12 weeks. The levels of fasting blood glucose (FBG), postprandial blood glucose (PBG), hemoglobin A1c (HbA1c), mean arterial pressure (MAP), total cholesterol (TC), triglyceride (TG), low density lipoprotein (LDL), high density lipoprotein (HDL), apolipoprotein A (ApoA), apolipoprotein B (ApoB), blood urea nitrogen (BUN), serum creatinine (Scr), urinary albumin excretion rate (UAER) and homocysteine (Hcy) were observed before and after treatment in both groups. **Results** The total effective rate of the treatment group and control group were 76.67% and 53.33% respectively, with a significant difference between groups ($P < 0.05$). The levels of FBG, PBG, HbA1c, MAP, TG, TC, LDL, ApoB, Scr, Hcy and UAER were significantly decreased but the level of HDL was significantly increased in both groups after treatment ($P < 0.05$). Comparing with the control group, all the indicators in the treatment group were significantly improved after treatment ($P < 0.05$). **Conclusion** The combo therapy of *Sanqi Jiaotai Pills* and Lotensin is effective for DN. It can control blood sugar, blood lipid and blood pressure, and improve kidney function, with a better efficacy than single Lotensin.

Keywords *Sanqi Jiaotai Pills*; Lotensin; diabetic nephropathy

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