

- ④ 潘永苗, 杨梅丽, 沈晓燕. 稽留流产 127 例临床分析
⑤. 浙江预防医学, 1999(7): 33-34.
- ⑥ 胥银宇, 顾江红. 米非司酮配伍米索前列醇治疗稽留
流产 ⑦. 现代妇产科进展, 2001, 10(6): 477.

- ⑧ 中华医学会. 临床技术操作规范(计划生育学分册)
⑨. 北京: 人民军医出版社, 2006: 84.
- ⑩ 袁小媚, 咸永松. 药物流产后蜕膜残留保守治疗效果
观察 ⑪. 中国实用妇科与产科杂志, 2006, 22(5): 390.

Observation on the Effect of *Heshi Yimu Shenghua Tang* (何氏益母生化汤) in the Treatment of 60 Patients with Missed Abortion

FANG Xiaohong, HE Jialin

(Affiliated Guang Xing Hospital of Zhejiang University of Chinese Medical, Hangzhou Hospital of Traditional Chinese Medicine, Zhejiang Province, 310007)

ABSTRACT Objective To observe the clinical effect and safety of *Heshi Yimu Shenghua Tang* in the treatment of missed abortion. **Methods** Treatment group consisted of 60 patients of missed abortion. Another 30 patients just after medical abortion at the time were selected as the control group. Control group was given 25 mg of mifepristone in both morning and evening for 3 days, 150 mg in total. On the third day morning, patients in control group came to the hospital with an empty stomach, took 0.6 mg of misoprostol under monitoring of medical staff, and were hospitalized and observed for 6 hours. Treatment group was given *Heshi Yimu Shenghua Tang* half dose in both morning and evening for 5 days. During medication, if active bleeding of patients was beyond the menstrual amount, they had to receive uterine curettage. Abortion conditions and side effects in both groups were observed. Vaginal bleeding time and days for menstruation recovery after treatment in two groups were recorded. **Results** The total effective rate of abortion was 100% in treatment group and 93.3% in control group, with no significant difference between two groups ($P > 0.05$). Vaginal bleeding time in treatment group was much less than that in control group ($P < 0.01$). There was no significant difference in days for menstruation recovery between the two groups ($P > 0.05$). Patients in both groups felt weak in different degrees during medication. Three patients in control group got nausea. **Conclusion** *Heshi Yimu Shenghua Tang* shows definite therapeutic effect on missed abortion. It could decrease vaginal bleeding time obviously with no significant side effect.

Keywords missed abortion; *Heshi Yimu Shenghua Tang* (何氏益母生化汤); complete abortion; vaginal bleeding
(收稿日期: 2014-07-13; 修回日期: 2015-02-20)

编辑: 侯建春

第六届国际中医妇科学术大会 暨世界中医药学会联合会中医妇科专业委员会成立 10 周年纪念大会 征 文 通 知

为促进国内外从事中医妇科领域学者进行学术交流, 加强中医药国际传播, 共同提高中医药防治妇科疾病水平。由世界中医药学会联合会妇科专业委员会主办的“第六届国际中医妇科学术大会暨世界中医药学会联合会妇科专业委员会成立 10 周年纪念大会”, 以“女性生殖健康”为主题, 拟定 2015 年 9 月在中国长沙举行, 届时将举办“女性生殖健康高级研讨班”, 并设“潘高寿杯”丹鳖胶囊有奖征文活动, 评选优秀学术论文, 颁发一、二、三等奖。同时邀请国内外著名妇科专家进行专题讲座及大会学术交流。现将有关事宜通知如下。

一、征文内容

1. 有效提高女性生殖健康的新技术、新方法及最新研究进展; 2. 有效提高女性生殖健康的中医诊疗优势及特色疗法; 3. 影响生殖健康的相关因素研究及卵巢早衰的中医药防治研究; 4. 不孕症与辅助生殖技术研究及子宫肌瘤与内分泌防治研究; 5. 丹鳖胶囊组方研究、药理作用及临床应用; 6. 丹鳖胶囊药效基础及安全性研究等。

二、征文要求

1. 论文要求未在公开杂志发表, 主题鲜明, 论据充分, 内容详实, 文责自负。2. 中英文论文均以 word 格式投稿, 全文篇幅在 4000 字左右。3. 所有论文一律采用电子投稿 (fkfh189@163.com)。4. 投稿截止日期: 2015 年 7 月 31 日。

三、会议负责人及联系方式

刘丹卓 13787132521, fkfh189@163.com