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Exploration and Analysis for Academic Thoughts of GUO Shikui

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ABSTRACT The article introduces academic thoughts of GUO Shikui. Combined with modern medical knowledge, Prof. GUO Shikui put forward the core of pathogenesis of coronary heart disease angina pectoris pathogenesis lay in “Qi-stagnation and blood stasis” and “hypofunction of Yang-Qi in chest” on the basis of extensively reading all previous dynasties ancient documents of traditional Chinese medicine. He firstly clearly used important therapeutic principle such as “promoting blood circulation to remove blood stasis”, “aromatic herbs activating yang” and so on to prevent and treat coronary heart disease, and has formed one whole set of prevention and treatment theory to coronary heart disease. He emphasized that treating cardiovascular disease should combine traditional Chinese and western medicine, and traditional Chinese medicine should combine differentiation of disease with differentiation of syndrome. In the long-term medical practice, Prof. GUO Shikui carried out a large number of clinical and basic researches aiming at the therapy of promoting blood circulation to remove blood stasis to prove the effectiveness of this therapy from the angle of modern medicine. Also he developed a variety of effective drugs such as “coronary heart II” (冠心 II 号), “widen chest pill” (宽胸丸) and “widen chest aerosol” (宽胸气雾剂) to treat cardiovascular diseases, that has produced important influences on cardiovascular disease treatment in recent decades.

Keywords promoting blood circulation to remove blood stasis; cardiovascular disease; experience of famous doctors; GUO Shikui

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信息窗

“纪念郭士魁先生诞辰 100 周年暨学术思想传承研讨会”在京举行

【本刊讯】6 月 27 日, 由中国中医科学院、中华中医药学会、北京市中医管理局及北京中医药大学联合主办的, “纪念中医药学家郭士魁先生诞辰 100 周年暨学术思想传承研讨会”在北京举行。中国中医科学院张伯礼院士、陈可冀院士出席了大会。

大会首先回顾了郭士魁先生不平凡的一生, 介绍了郭士魁医学传承体系及名家研究室情况。随后, 与会领导、专家、学者先后进行了发言, 高度评价了郭士魁先生对中医药的重大贡献, 赞扬了其敢于创新的学术精神和廉洁奉公的高尚人格, 强调了名老中医继承工作的重要性, 并指出应继续加强名家的学术传承工作, 不断创新, 努力发展中国中医药事业。研讨会还特邀了郭士魁先生的女儿郭维琴教授和郭氏医学传承人翁维良教授等著名专家作了学术报告。本次大会对郭士魁先生学术思想和临床经验进行了深入总结和推广, 对未来的继承创新具有指导性意义。大会还成立了“郭士魁医学基金”, 用于传承、研究和人才培养。参加会议的还有国家中医药管理局、中国中医科学院、中华中医药学会、北京市中医管理局、北京中医药大学、世界中医药学会联合会的领导, 以及在京医疗机构、科研院所、大专院校中西医结合工作者, 北京市中医药“薪火传承 3+3”工程“二室一站”建设单位负责人、继承人。此外, 新华社、中国日报、光明日报、中国中医药报社等媒体也应邀参会。