

- 21(10):212-214.
- [9] 李宗山,李恒元,李泉,等. 当归对 X 线辐射损伤小鼠造血功能恢复的影响 [J]. 时珍国医国药,2007,18(12):282-284.
- [10] 牛新华,邱世翠,丁长玲. 白术对小鼠骨髓细胞增殖和白细胞介素-1 的影响 [J]. 中国现代医学杂志,2002,12(3):333-334.
- [11] 刘会艳. 黄芪及其制剂的药理作用和临床应用 [J]. 内蒙古中医药,2012,18(12):273-274.
- [12] 张帆,王岚. 甘肃党参对辐照小鼠骨髓细胞染色体保护的作用研究 [J]. 中药药理与临床,2010,18(5):355-356.
- [13] 吴伟平. 益血生胶囊治疗急性白血病化疗后全血细胞减少症 45 例 [J]. 辽宁中医杂志,2009,36(4):558-559.
- [14] 程玉芝. 中药益血生治疗急性白血病化疗后骨髓抑制期患者 18 例报告 [J]. 中国中西医结合杂志,2000,20(10):787-787.

Clinical Observation on *Yixuesheng Capsule* (益血生胶囊) Combined with Western Medicine Treating 40 Cases of Chronic Viral Hepatitis C

LIANG Huiqing^{1,2}, WU Yaonan², YANG Jiaen², TANG Jinmo², CHEN Shaodong¹, LIN Li²

(1. Medical College, Xiamen University, Xiamen, Fujian Province, 361005; 2. Xiamen Hospital of Traditional Chinese Medicine)

ABSTRACT Objective To observe the clinical effect of *Yixuesheng Jiaonang* combined with pegylated interferon-2a (PEG-IFN-2a) and ribavirin on viral hepatitis C (CHC). **Methods** According to random number table, 80 patients with CHC were divided into treatment group of 40 cases and control group of 40 cases. Both groups were given PEG-IFN-2a (180 μg each time, subcutaneous injection, once a week) and ribavirin (300 mg each time, oral administration, three times a day) for 6 months. In the first 3 months, treatment group was added with *Yixuesheng Jiaonang* orally (1 g each time, 3 times a day). After treatment, both groups were followed up for 6 months. Changes of patients' serum Alanine amino transaminase (ALT), quantity of hepatitis C virus, neutrophil count, hemoglobin content and platelet count were observed before and after treatment. Patients' percentage of biochemical and virological responses and incidence of myelosuppression were compared. **Results** There was no significant difference in virological responses between the two groups in the 3rd and 6th month of treatment and the 6th month of following up ($P > 0.05$). There was also no significant difference in biochemical responses between the two groups in the 6th month of treatment and the 6th month of following up ($P > 0.05$). In the 3rd and 6th month of treatment, the incidence of myelosuppression in treatment group was 35.00% and 22.50%, respectively, both of which were lower than that in control group (80.00% and 60.00%, $P < 0.01$). **Conclusion** Combined with *Yixuesheng Jiaonang*, the effect of myelosuppression of PEG-IFN-2a and ribavirin treating CHC is attenuated, but the antiviral effect is not improved.

Keywords viral hepatitis C; interferon-α; ribavirin; *Yixuesheng Jiaonang*; myelosuppression

(收稿日期: 2014-11-20; 修回日期: 2014-12-29)

编辑: 叶 晨

信 息 窗

萧龙友先生诞辰 145 周年纪念会在北京召开

【本刊讯】由中华中医药学会、北京市中医管理局共同主办，北京中医药大学东直门医院、中国中医科学院中医临床基础医学研究所、萧龙友名家研究室承办的萧龙友先生诞辰 145 周年纪念会于 2015 年 8 月 1 日在中国中医科学院召开。国家中医药管理局副局长、中国中医科学院党委书记王志勇，中华中医药学会副会长、北京市中医管理局局长屠志涛，中华中医药学会副会长兼秘书长曹正逵，国医大师陈可冀、刘敏如、金世元、晁恩祥出席会议。萧龙友先生嫡孙女及学术继承人、北京中医药大学东直门医院首席教授、中国民族医药学会妇科专业委员会会长肖承棕首先介绍了萧龙友先生生平，会议主办方领导、国医大师代表先后致辞，缅怀萧龙友先生为我国中医药事业发展做出的杰出贡献。

萧龙友 (1870—1960) 先生为北京四大名医之首，医术精湛，医德高尚，精通文史，多才多艺，是文史学家、书法家、中医学家、中医教育家、收藏家与鉴赏家，曾任全国人大第一、二届代表，作为中医学家当选中国科学院学部委员 (院士)、中央文史馆馆员，为中医界第一人。曾任中医研究院名誉院长，为新中国中医高等教育的首倡者。

出席会议的还有全国妇幼健康研究会常务副会长张世琨、中国民族医药学会会长许志仁、国务院参事室刘松林及国家中医药管理局部分司办领导、北京中医药大学附属医院有关领导、中国中医科学院有关单位领导专家等 100 余人。