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Clinical Observation on *Shengxuebao Mixture* (生血宝合剂) Treating 60 Cases Chemotherapy Side Effects of Cancer Patients with Qi and Blood Deficiency Syndrome

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ABSTRACT Objective To observe the clinical effect of *Shengxuebao Mixture* treating chemotherapy-induced side effects of cancer patients with Qi and blood deficiency syndrome. **Methods** Sixty cancer patients took *Shengxuebao Mixture* on the next day after the chemotherapy, 15 ml each time, 3 times a day, for 14 days. Detected scores of Chinese medicine symptoms, signs and Karnofsky Performance Status (KPS) and blood indexes including hemoglobin, leukocyte, granulocyte and platelet before and after taking *Shengxuebao Mixture*. Evaluated the Chinese medicine syndrome effect after treatment. **Results** About Chinese medicine syndrome therapeutic effect, among 60 cases, 16 cases were markedly effective, 38 cases were effective, while 6 cases ineffective. Total effective rate was 90.00%. Total scores of symptoms and signs and scores of marasmus, sallor or pale complexion, light-headedness, palpitation, shortness of breath, lack of Qi and laziness to speak, insomnia and dreamful sleep after treatment were lower than those before treatment ($P < 0.05$ or $P < 0.01$). KPS scores after treatment increased ($P < 0.05$). Before treatment, patients' hemoglobin was 0 to I degree, leukocyte and granulocyte I to II degree, platelet 0 to I degree; after treatment, all blood indexes were improved to 0 to I degree. Counts of hemoglobin, leukocyte, granulocyte and platelet increased after treatment ($P < 0.05$). **Conclusion** *Shengxuebao Mixture* could effectively improve Qi and blood deficiency syndrome of cancer after chemotherapy.

Keywords cancer; *Shengxuebao Mixture*; deficiency of Qi and blood; chemotherapy side effect

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