

- 社, 1993: 1-6.
- [2] 王暴魁, 张军, 李晔, 等. 关于大方治疗难治病的思考 [J]. 上海中医药杂志, 2003, 37(9): 3-5.
- [3] 张丹丹. 《金匱要略》治脾法方药的气味配伍研究 [D]. 福州: 福建中医药大学, 2014.
- [4] 潘朝曦. 难治病治疗 6 法 [J]. 南京中医药大学学报, 1998, 14(3): 168-169.
- [5] 李敏. 难治病的中医治疗思路 [J]. 中国中医药信息杂志, 2009, 16(5): 91-92.
- [6] 滕信涛, 相宏杰. 慢性难治病治疗思路和方法浅探 [J]. 四川中医, 2014, 32(12): 34-35.
- [7] 周杰明, 任林, 黄凌. 《金匱要略》大黄廑虫丸治虚劳干血发微 [J]. 福建中医药, 1996, 27(6): 35.
- [8] 罗裕兴, 毛淑敏. 从鳖甲煎丸论张仲景制方法度 [J]. 山东中医药大学学报, 2006, 30(6): 441-442.
- [9] 任林, 周杰明. 虫类活血化瘀药的基础研究与心血管系统临床应用概况 [J]. 福建中医药, 1996, 27(2): 44.
- [10] 黎鹏程, 卢丽丽. 程丑夫从虚、痰、郁、瘀论治难治病经验 [J]. 中国中医药信息杂志, 2014, 21(7): 94-96.
- [11] 陈瑞春. 中医治难治病的思路与方法 [J]. 江西中医药, 1995, 26(6): 16-18.
- [12] 温成平. 现代疑难病经方验案评析 [M]. 北京: 人民军医出版社, 2007: 214.
- [13] 赵惠, 王志英, 周仲瑛. 周仲瑛经方合用治疗难治病验案撷萃 [J]. 时珍国医国药, 2014, 25(11): 2781-2782.

Analysis on Differentiation of Syndromes and Treatment of Chronic Refractory Diseases from Thought in Formulating Complicated Prescriptions of ZHANG Zhongjing

ZHANG Dandan, XIE Zhijun, FAN Yongsheng, WEN Chengping

(College of Basic Medical Science, Zhejiang Chinese Medical University, Hangzhou, 310053)

ABSTRACT Since ancient times, people have uses complicated prescriptions for treating serious diseases. *Inner Canon of Yellow Emperor* 《黄帝内经》 puts forward the theory of major prescriptions. ZHANG Zhongjing created *Biejia-jian Pills* (鳖甲煎丸), *Shuyu Wan* (薯蓣丸) and other prescriptions with the method of application of both cold and heat herbs, as well as reinforcement and elimination in combination. He was the forerunner who treat refractory diseases with complicated prescriptions. His thoughts mainly includes treating deficiency by regulating the middle with sweet and relieving herbs, nourishing blood and generating body fluid; treating stasis using insect drugs and bringing forth the new through the old; treating Qi by regulating ascending-descending-exiting-entering and dredging body fluid and blood; as well as treating wind by strengthening body resistance, dispelling wind to clear pathogenic factors and reinforce vital Qi. On methods of taking medicine, ZHANG emphasized that pills took effect slowly and mitigated drug property. Prescriptions corresponding to diseases should be applied and kept using. ZHANG Zhongjing's thoughts of composing complicated prescriptions provided feasible guide for clinical differentiation of syndromes and treatment of chronic refractory diseases.

Keywords chronic refractory disease; ZHANG Zhongjing; complicated prescriptions; differentiation of syndromes and treatment thoughts

(收稿日期: 2015-04-29; 修回日期: 2015-07-08)

编辑: 黄 健

欢迎访问《中医杂志》微信公众号及微信小店



欢迎关注《中医杂志》微信公众号。我们会根据每期杂志中报道的内容, 结合中医药领域的热点问题与人物, 针对大家感兴趣的研究动态、医药资讯、专家团队、名医经验、临床心得、学术活动等进行推送。大家可以在文后留言, 发表您的看法和观点。编辑部会将优秀回复随推送进行展示, 方便各位读者以公众号为桥梁, 进行深入地学术交流与讨论。公众号中会提前发布每期杂志的目录, 欢迎大家回复把您感兴趣的内容告诉我们。我们会根据大家的意见, 选择相应内容进行重点介绍。此外, 我们还会将编辑们处理稿件过程中的体会、经验介绍给大家, 方便各位作者处理论文撰写、投稿、修改中存在的问题, 拉近我们和广大读者、作者之间的距离。

为了方便各位读者购买《中医杂志》期刊、光盘、合订本, 我们的微信小店上线了。手机操作即可购买《中医杂志》, 欢迎大家光临。

请扫描下方二维码关注中医杂志公众号或访问中医杂志微信小店。