

新, 重新审视其特色与优势, 推进中医药持续健康发展, 使中医“治未病”的理念与实践顺应时代的召唤, 重新焕发出更璀璨的光辉。

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Theoretical Origin and Practical Thinking of the Theory of Chinese Medicine Preventive Treatment of Disease XU Jingshi¹, LI Yan¹, ZHAO Jindong¹, LI Yongpan², ZHANG Li¹, ZHANG Guoliang¹

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ABSTRACT The theory of Chinese medicine preventive treatment of disease, which is significant component of Chinese medicine theories, is from the daily life. Preventive treatment of disease is originated in ancient times. In *the Book of Changes* (《周易》), the theory is in embryo. In *Yellow Emperor's Inner Canon* (《黄帝内经》), the theory is formed. In *Inner Canon of Yellow Emperor*, the concept of preventive treatment of disease is put forward and the theoretical system of preventive treatment of disease is improved. Later scholars developed this theory. In recent years, China pays more and more attention to the theory of preventive treatment of disease and its clinical application. The theory of preventive treatment of disease is widely spread. Public awareness and identity of preventive treatment of disease increases obviously. Preventive treatment of disease is the highest level of Chinese medicine prevention and treatment. The focus point of Chinese medicine preventive treatment of disease lies in disease prevention. People should follow the rules of Yin-Yang, conform to the seasons, nourish the body and the spirit, know themselves, reside habitably, emphasize living condition, keep healthy diet, pay attention to flavour excess, take exercise properly and regularly, etc. The preventive action should be taken in advance, and emphasis should be put on the community-based level to keep pace with the times, and make the concept of preventive treatment of disease fully carried out.

Keywords preventive treatment of disease; *Yellow Emperor's Inner Canon*; prevention

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第七届中国中医妇科学术大会参会通知

由世界中医药学会联合会主办, 世界中医药学会联合会妇科专业委员会承办, 湖南安邦制药有限公司协办的“第七届中国中医妇科学术大会”, 以“妇科疑难病诊疗研究”为主题, 定于 2016 年 10 月 28 日—30 日在中国·昆明市举行, 届时将举办妇科疑难病诊治高级研讨班, 并设“安邦杯”妇科养血颗粒有奖征文活动, 评选优秀学术论文。同时邀请国内外著名妇科专家进行专题学术讲座及大会学术交流。现将有关事项通知如下。

一、征文内容: 1. 名老中医对妇科疑难病中医诊疗方案及学术经验; 2. 妇科疑难病诊治的中医优势及其特色疗法; 3. 新技术、新疗法在诊治妇科疑难病中应用及最新研究进展; 4. 历代医家诊治妇科疑难病经验挖掘与文献整理; 5. 妇科养血颗粒(宫环养血颗粒或计生妇宝颗粒)组方研究、药理作用及临床应用; 6. 妇科养血颗粒药效基础及安全性观察; 7. 妇科养血颗粒深层次开发思路及远景规划。二、会议时间: 2016 年 10 月 28 日至 30 日, 10 月 28 日 14:00 起报到。三、会议地点: 云南滇池温泉花园国际大酒店: 云南省昆明市西山区滇池路 1316 号。四、会议费用: 会务及培训费 1200 元(在读研究生凭身份证及研究生证 800 元), 会议统一安排食宿, 交通及住宿费自理。五、特别提示: 1. 妇科专业委员会理事务必参会, 不参会又无委派代表参会视为自动放弃理事资格; 2. 所有参会人员请于 10 月 10 日前以电子邮件提交参会回执, 以便安排用房等相关会务; 3. 参会代表经考核合格授予国家级继续教育 I 类学分; 4. 届时评选优秀论文, 颁发“安邦杯”妇科养血颗粒一、二、三等奖。5. 会议投稿务请于 9 月 20 日前以电子邮件发送至 fkh189@163.com。六、乘车路线: 1. 昆明长水机场至滇池温泉花园国际大酒店: 在机场乘空港 2 号线大巴至昆明火车站, 然后乘 24 路或 44 路公交车至海埂公园站下车; 或昆明长水机场乘出租车约 100 元。2. 昆明火车站至滇池温泉花园国际大酒店: 在昆明火车站乘 24 路或 44 路公交车至海埂公园站下车; 或昆明火车站乘出租车约 30 元。七、会议负责人及联系方式: 刘丹卓 13787132521, fkh189@163.com, 通讯地址: 410007, 长沙市韶山中路 113 号湖南中医药大学 30#信箱。