

1208.

②] ZHANG YF, NING G. Mecobalamin [J]. Expert Opin Investig Drugs, 2008, 17(6): 953-964.

③] 林兰. 现代中医糖尿病学 [M]. 北京: 人民卫生出版社, 2008: 611.

④] 南征, 高彦彬, 钱秋海. 糖尿病中西医结合治疗 [M]. 北京: 人民卫生出版社, 2002: 320-343.

⑤] 梁晓春, 郭赛珊. 活血化瘀法在糖尿病及其慢性微血管并发症治疗中的作用 [J]. 环球中医药, 2009, 2(2): 118-120.

Effects of Wenyang Huoxue Tongbi Fang (温阳活血通痹方) on Nerve Conduction Velocity and Plasma Hcy of Diabetic Peripheral Neuropathy with Yang-deficiency, Congealing Cold and Blood Stasis Syndrome

LI Guangshan^{1,2}, HUANG Da¹, LI Mingdi¹, LIN Lan¹

(1. Guang'anmen Hospital, China Academy of Chinese Medical Sciences, Beijing, 100053; 2. The Hiser Health System, Qingdao)

ABSTRACT Objective To observe clinical effects of Wenyang Huoxue Tongbi Fang (温阳活血通痹方) combined with western medicine on diabetic peripheral neuropathy (DPN) with Yang-deficiency, congealing cold and blood stasis syndrome. **Methods** Sixty patients with DPN were randomly divided into treatment group and control group, 30 cases in each group. Both groups were given the basic treatment to regulate blood sugar level. On this basis, the control group also took mecobalamine, 0.5 mg each time, three times a day. On this basis of the control group, the treatment group also took Wenyang Huoxue Tongbi Fang, one dose daily. Both groups were treated for 2 courses of treatment with 4 weeks for one course. Change of clinical symptom scores, nerve conduction velocity of tibial nerve, sural nerve and nervus peroneus communis and plasma homocysteine (Hcy) before and after treatment in both two groups were observed. **Results** The total effective rate was 70.0% in the treatment group, and 46.5% in the control group. The curative effect in the treatment group was higher than that in the control group ($P < 0.01$). After treatment, clinical symptom scores and Hcy decreased significantly in the treatment group and the control group, nerve conduction velocity was much higher than that before treatment. Compared with those before treatment, the differences had statistically significant ($P < 0.05$ or $P < 0.01$), and the improvement of treatment group was superior to the control group ($P < 0.01$). **Conclusion** Wenyang Huoxue Tongbi Fang combined with western medicine may improve clinical symptoms of patients with DPN with Yang-deficiency, congealing cold and blood stasis syndrome clinical symptoms, nerve conduction velocity and plasma Hcy. It is an effective prescription for treating DPN.

Keywords diabetic peripheral neuropathy; Yang-deficiency; congealing cold and blood stasis syndrome; Wenyang Huoxue Tongbi Fang (温阳活血通痹方); nerve conduction velocity

(收稿日期: 2016-01-26; 修回日期: 2016-02-05)

编辑: 叶 晨

第十届聚医杰全国中医百佳名医暨民间中医论坛征文通知

本次会议由中国民间中医药研究开发协会特色医疗分会和北京聚医杰医药科学研究院联合主办。会议定于 2016 年 11 月 5 日-8 日(4 日报到)在北京召开。特邀请各级中医药特色医疗名医、民间名中医、乡村名中医投稿并报名参加本次会议。

一、会议内容: 1. 邀请相关领导介绍《中医法》立法进程和《中医药发展战略规划》要点及国家扶持民间中医、民营中医医疗机构方面的政策,并听取民间中医的意见和建议; 2. 总结聚医杰 2016 年的各项工作及评选表彰 2016 年度聚医杰各类优秀人才、优秀学术论文、优秀学术成果等; 3. 请国医大师、国医名师介绍中医药特色疗法经验; 4. 邀请有关专家作中医药实用技术培训; 5. 学术交流; 6. 召开第二届“中国民间中医药研究开发协会特色医疗分会全体理事会”; 7. 主办“聚医杰文艺晚会”; 8. 为参会代表颁发“传承中医、积极奉献”纪念奖章。

二、征文内容: 1. 运用中医药和民间疗法治疗各种疑难病、常见病、多发病的特色疗法经验及民间特技、单方验方等; 2. 创办民营中医医疗机构的经验及体会; 3. 发展民间中医药事业的意见建议等。文稿须打印,附 100 字左右作者简介。入选论文将安排在有关书刊上发表,并邀请作者参会。

三、会议费用: 每位参会代表须交参会报名费 300 元、会务费(含纪念品及培训资料费)1500 元,会期食宿、参观统一安排,费用自理。

四、参会报名方法: 请在 10 月 20 日前将交流论文(无论文者也可报名)及申报各种表彰的报评材料、个人 2 寸彩照 4 张、参会报名费 300 元从邮局寄往: 北京 100036-98 信箱“第十届百佳名医会”会务组叶续宗收,邮编 100036,电话: 010-83210238、18600893817、18500577884、18515917952, Email: 13366005273@163.com。会议详情请登录: www.zgtsyl.com 查询。